



## Universal PreK (UPK) Café April 9, 2019 – Issue 2

Welcome to Issue 2 of the Agency of Education Early Learning Team’s **UPK Café!** In each issue we hope to share a variety of research and evidence-based resources, hot topics, news items and professional articles relevant to your daily work and practice as an Early Childhood Educator and Early Childhood Special Educator. Some weeks will be short with a few tidbits and some weeks will offer longer strands that are connected to a certain subject. We hope you will use **UPK Café** as a regular resource to support and inform your practice.

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- [Resources within Reason](#) is a bi-monthly published set of resources that support specific topics in early childhood/early childhood special education topic. Subjects include Engaging each Family (September, 2017), Recommended Practices (July, 2018) and Resources to Support Instructional Practices (April, 2019). The link will direct you to the listserv sign up as well as the Resources within Reason archives.

- Building Adult Capabilities to Improve Child Outcomes: A Theory of Change

**Source: Center on Developing Child: Harvard University**

This [5-minute video](#) depicts a theory of change from the Frontiers of Innovation community for achieving breakthrough outcomes for vulnerable children and families. It describes the need to focus on building the capabilities of caregivers and strengthening the communities that together form the environment of relationships essential to children’s lifelong learning, health, and behavior.

- **We are so excited to share the Vermont Agency of Education’s definition of High Quality Effective PreK Education!**

Vermont Agency of Education’s definition of High-Quality Effective PreKindergarten Education

*What defines Vermont Universal Prekindergarten Education (UPK) is the implementation of high-quality, effective instruction by licensed educators who use evidence-based practices within intentionally designed early learning environments.*

*Early educators align curriculum with the [Vermont Early Learning Standards](#) while adapting experiences to support the full participation of each and every child to realize their full potential and promote successful outcomes.*

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If you have a resource you'd like to share on **UPK Café** or have been forwarded this issue and would like to be added to our mailing list, please contact Leslie at [leslie.freedman@vermont.gov](mailto:leslie.freedman@vermont.gov).

Thank you!