



Universal PreK (UPK) Café

January 14, 2020 – Issue 17

Welcome to Issue 17 of the **UPK Café** and Happy New Year!

We are back and ready to share research, updates, resources and professional articles research relevant to your daily work and practice as an Early Childhood Educator and Early Childhood Special Educator. As always, we hope you will use **UPK Café** as a regular resource to support and inform your practice. Please feel free to share!

This week is about transitions and getting back to classroom basics using the Early MTSS. We are sharing information about how transitions can impact a child, family and classroom environment. Implementing Early MTSS and continuing your practice daily can help make transitions smoother and less stressful.

1. [Early Learning Network: Transitions](#)

It's a new year and for some, it could be a new school! For these children and their family, transitions during the move can be stressful. This article will explain the work that the University of Nebraska-Lincoln and the University of Virginia are doing to show how transitions impact a child's experiences in early learning and how we as educators to use positive learning and development to support them.

2. [The Pyramid Model for Promoting Social-Emotional Competence in Infants and Young Children \(Pyramid Model\)](#) is a conceptual framework of evidence-based practices for promoting young children's healthy social and emotional development. The website also provides printable resources, more overview information and support ideas for your classroom, children, and families. [This video](#) provides an overview of the structure and levels of support.

3. Take a look at other classrooms and how they have implemented the Pyramid Model. [The Community Contributions Page](#) is a page where educators can share what practices and tools they have implemented in their classrooms. These materials have become pivotal for child success in a Pyramid Model classroom.

4. Vermont Agency of Education's definition of High-Quality Effective PreKindergarten Education

What defines Vermont Universal Prekindergarten Education (UPK) is the implementation of high-quality, effective instruction by licensed educators who use evidence-based practices within intentionally designed early learning environments.

Early educators align curriculum with the [Vermont Early Learning Standards](#) while adapting experiences to support the full participation of each and every child to realize their full potential and promote successful outcomes.

As always, if you have a resource you would like to share on **UPK Café** or have been forwarded this issue and would like to be added to our mailing list, please contact Leslie at leslie.freedman@vermont.gov.

Thank you!