

## Supports and Resources for Evaluation Vermont Local Wellness Policy Guide

### Evaluation Strategies/Resources

- When revising an existing LWP use a tool for assessing the comprehensiveness and strength of the policy (see the Rudd Center for Food Policy and Research's online [School Wellness Policy Evaluation Tool](#) (WellSAT). This tool will provide a description of the extent to which your policy compares to what is considered a model policy.
- See [School Health Index](#) (SHI).
- [Model Wellness Policy](#) - Thoroughly reviewed by USDA FNS, the Alliance for a Healthier Generation's model policy template is in compliance with the requirements set forth in the proposed rule and will be updated per the final rule.
- Prior to development or revision of a LWP, conduct a thorough school wellness needs assessment (see [ASCD's Whole Child School Improvement Tool](#)).
- The School Health Index (SHI) Self-Assessment & Planning Guide: [Elementary](#) and [Middle/High School](#) - Online self-assessment and planning tool that enables each school to assess the extent to which their health policies and practices are being implemented. It's easy to use and completely confidential.
- Develop a policy implementation plan (see [Wellness Policy in Action](#)).
- The Vermont Department of Health district level school liaisons serve as resources to schools for implementing the LWP.
- Develop a structure for how the Local Wellness Team will implement, monitor, and evaluate the district wellness policy.
- Develop a structure that can be sustained beyond the year the policy is being written; see [Whole School, Whole Community, Whole Child](#) tools.
- Establish guidelines for periodic measurement of school's compliance with the LWP.
- Keep supporting documentation for LWP on file, including revisions.