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## Supports and Resources for Competitive Food Programs Vermont Local Wellness Policy Guide

### General Strategies/Resources

- [USDA Smart Snacks document](#) outlines the nutrition standards for all foods sold in schools.
- [USDA Smart Snacks in Schools website](#)
- Alliance for a Healthier Generation's [Smart Snack webpage](#).
- Apply standards to ALL foods, even those sold during non-school hours, at sporting events, on weekends and at off-campus fundraising events.
- Encourage fundraising activities that promote physical activity. See Alliance for a Healthier Generation's [Fundraising](#) webpage.
- [Active Schools Fundraising](#) offers a healthy, easy fundraising option for your school group that is centered around physical activity AND helps your school and community create a healthy environment.
- Healthy party ideas are available from the [Alliance for a Healthier Generation](#).
- Parents will be made aware in advance of when a celebration with food is taking place and what is to be served.
- Non-food celebrations are promoted, and a list of ideas will be available to parents and teachers.