

# Education Recovery and SEL

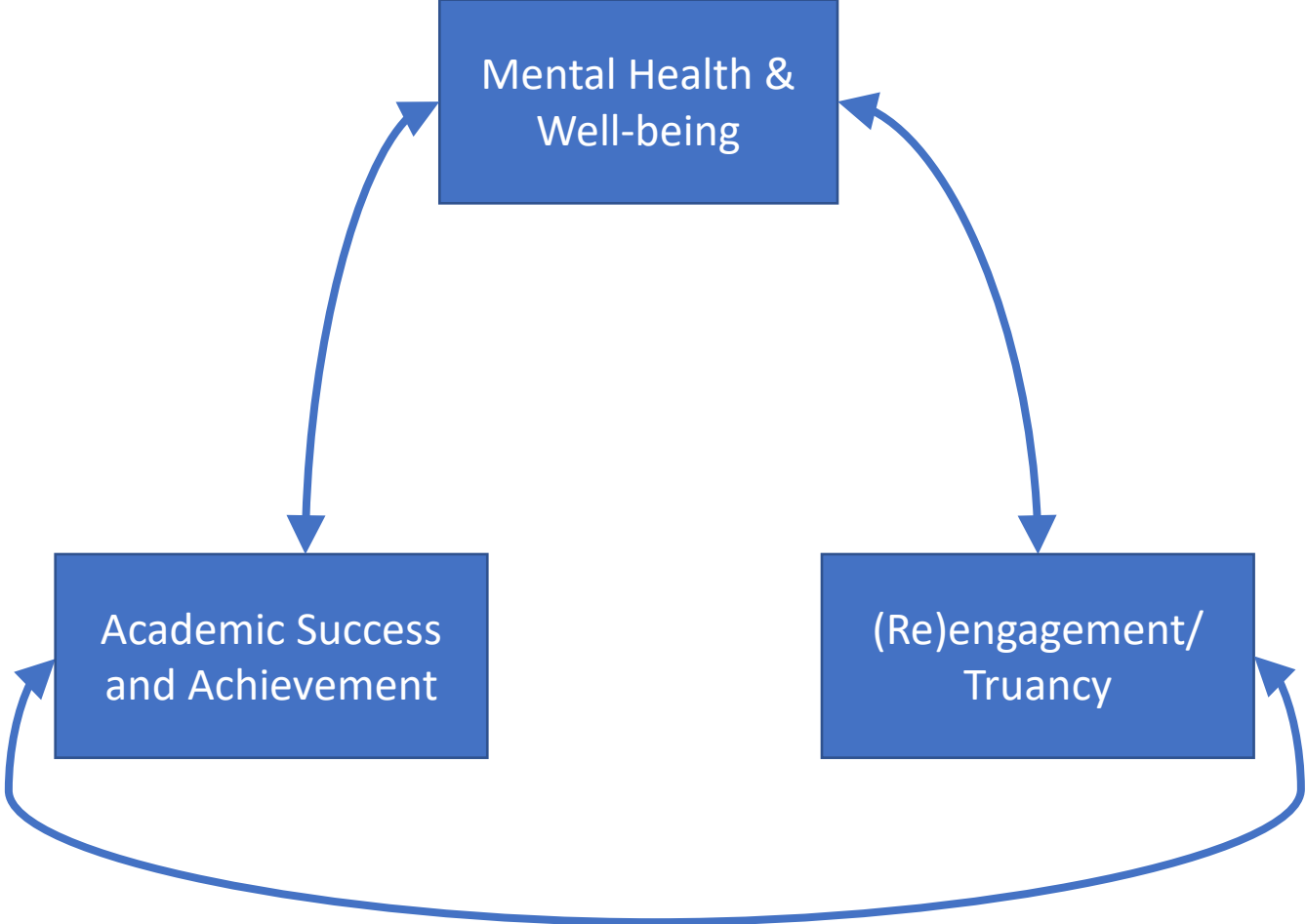
Deputy Secretary Heather A. Bouchey, Ph.D.

11/17/21

# What is education recovery?

- Mitigate the impact of the COVID-19 emergency on the education and healthy development of our students.
- Ensure that all students are doing well in three key domains
  - All three are critical
  - Simultaneous assessment and redress in all three domains

Conceptual Model for Recovery



# Recovery Planning Process



- Assessing need at the local level, using data readily available
- Creating an action plan to meet that local need
- Executing initial implementation of the action plan
- Tuning and refining the plan over time

# LEA Plans

- District-level focus, including district-level EST
- Leverage four elements of EQS (per AOE guidance re Act 173)
  - Coordinated curriculum
  - Local comprehensive assessment system
  - Needs-based professional development
  - Education Supports Team

## LEA Plans (cont.)

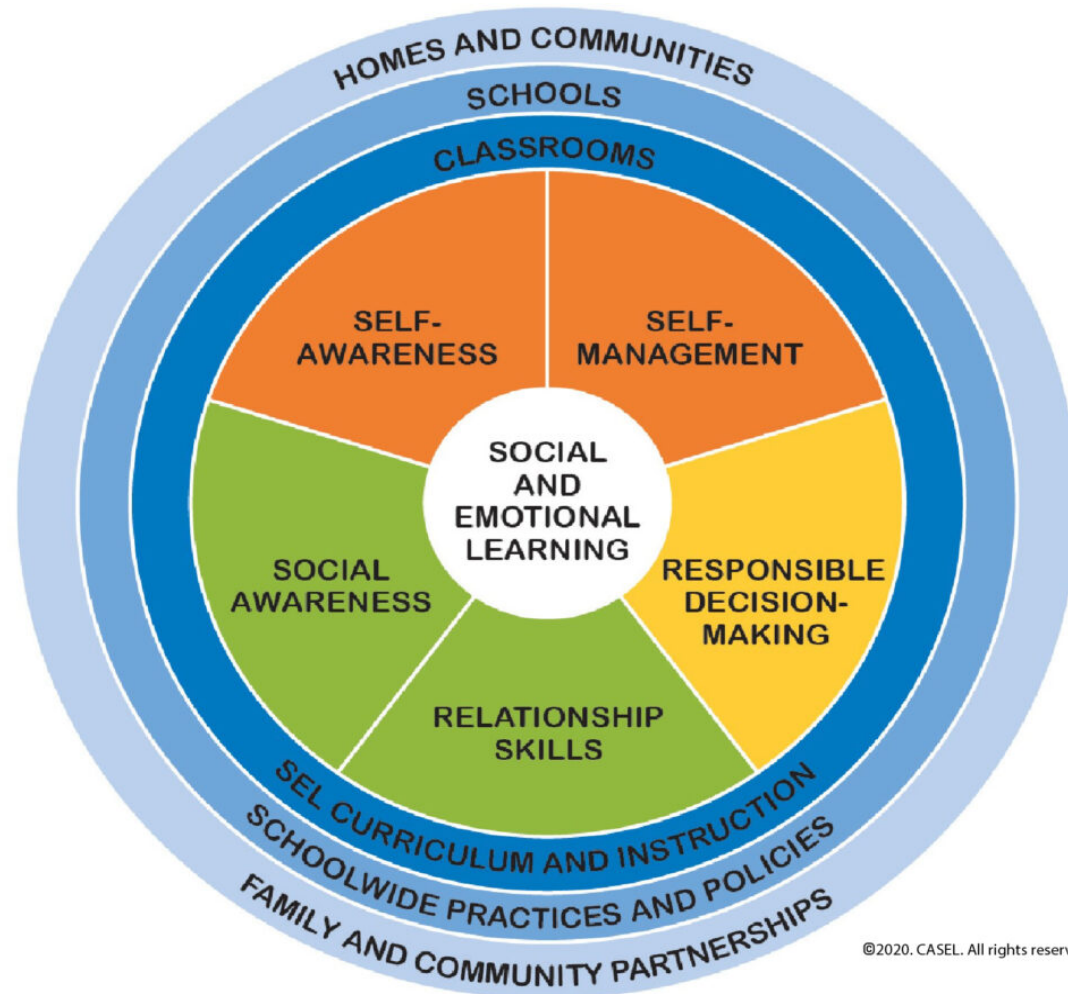
- Written plan, approved by AOE
- Each LEA assigned state team of agency professionals to assist in recovery planning and implementation
- Suggested best practices, ongoing support, technical assistance
  - Weekly Coffee and Conversation hour
- Assistance from state in regional system collaboration (e.g., mental health, DCF)

# Spring 2021 LEA Needs Assessment (Patterns)

## **SEL/MH/Well-being**

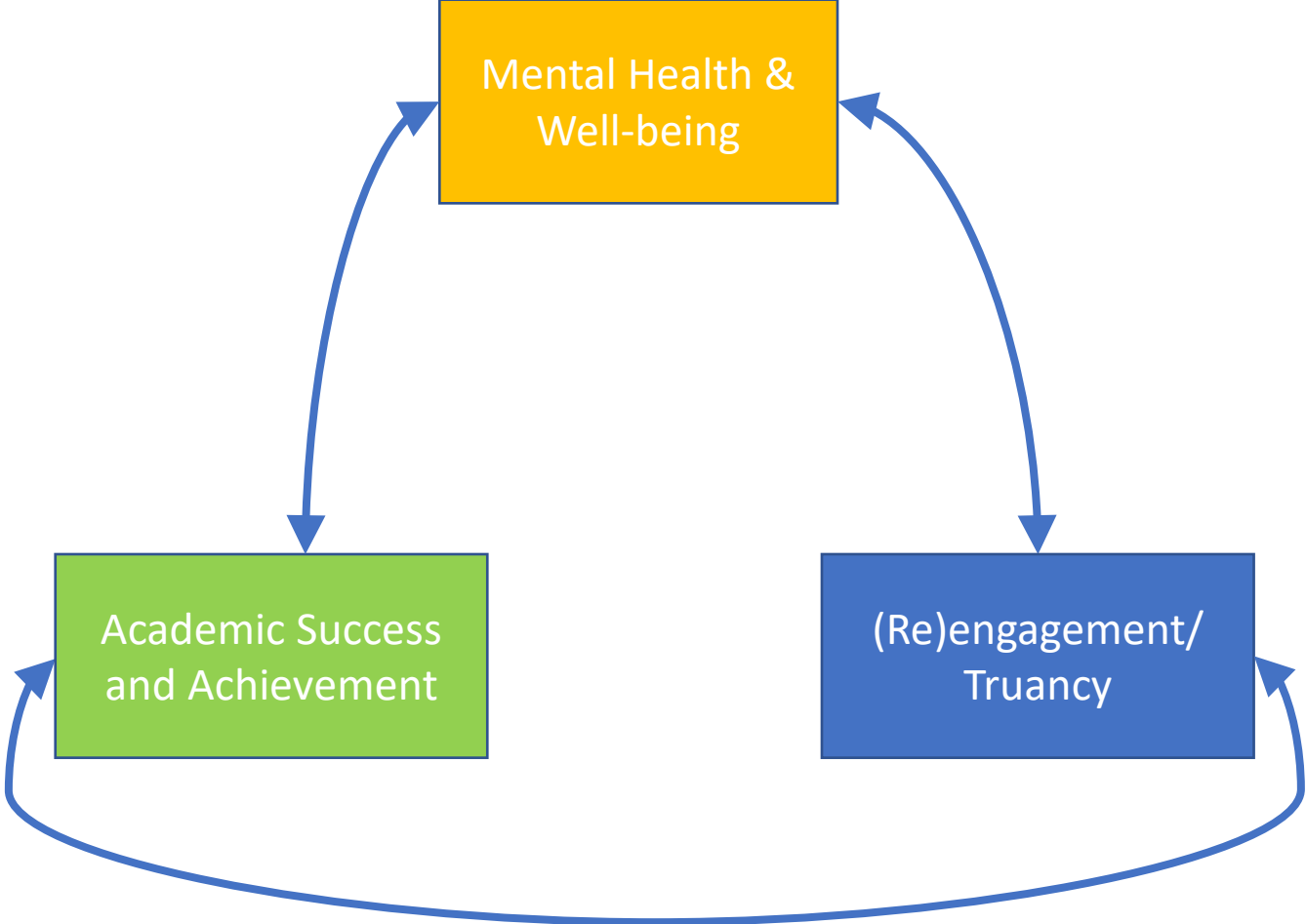
- 49% of districts reported an increase in referrals for mental health, counseling and/or family or student supports.
- 47% of districts reported an increase in student anxiety, stress, and/or internalizing symptoms
- 32% of districts reported a decrease in behavioral referrals; 15% reported an increase in behavioral referrals.
- 15% of districts reported a decrease in students' SEL skills.
- 15% of districts reported an increase in homelessness, trauma or family dysfunction.
- 11% of districts reported disparities with respect to student SES/FRL.
- Contrary to what we had heard, only 4% of districts reported an increase in IEP referrals or designations, 2% reported an increase in 504 plans, and 2% reported an increase in DCF referrals.

# What is SEL?

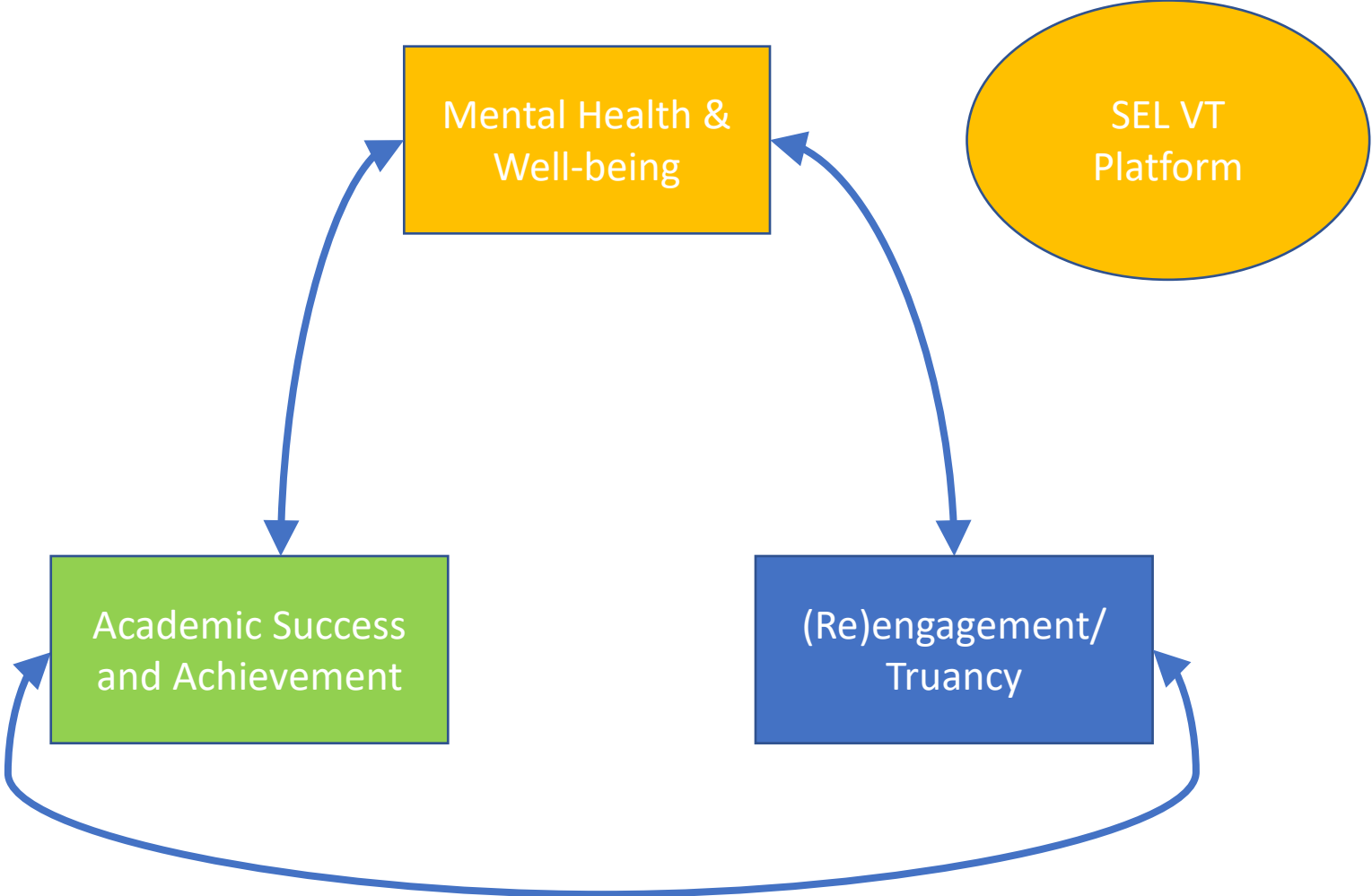




Selected State Supports for Recovery (to date)



Selected State Supports for Recovery (to date)



# SEL VT – Support for curriculum development and learning

- Similar tools launched in Michigan and Maine
- Virtual (on-line) platform that provides organized, vetted grade-by-grade lesson materials to assist students with learning SEL
- PreK to 12, separate materials for each grade
- Unique materials for teachers, students, and parents
- “Grab and go” – meant to allow flexibility, easy accessibility; don’t have to “sign on” for the entire curriculum

- [Overview of the SEL VT Platform | Agency of Education \(vermont.gov\)](#)

# 2<sup>nd</sup> Grade

During class, the teacher asked everyone what they had done over the weekend. Croc was too impatient to wait her turn and kept interrupting everyone. What should Croc have done instead?



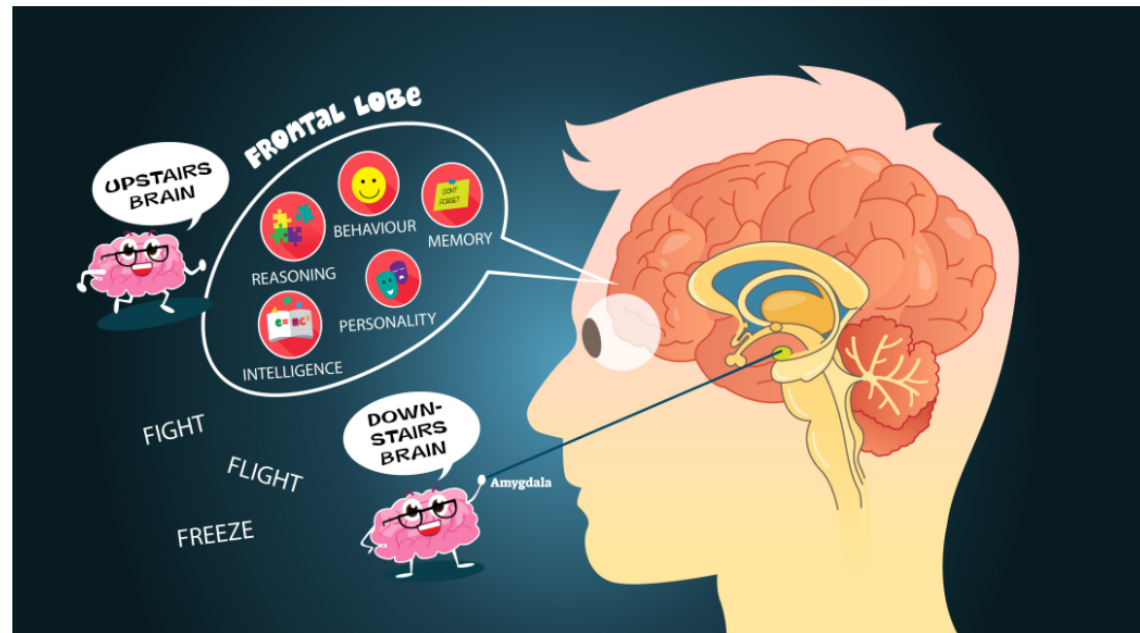
Raised her hand

Shouted out what

# 7<sup>th</sup> Grade

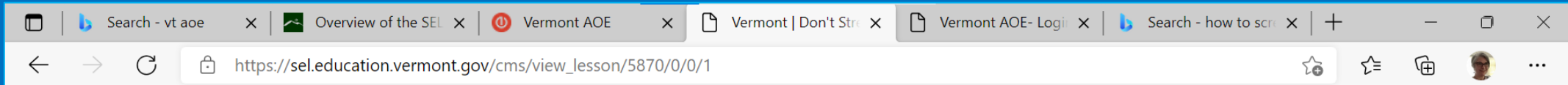
## How Do You Keep Your Cool?

Emotions like anger, sadness, and fear can be really hard to control! So let's look at how your brain works. If we know what's going on up there, then we have a better chance of controlling it.



There are two parts of your brain that work together to help you manage difficult situations.

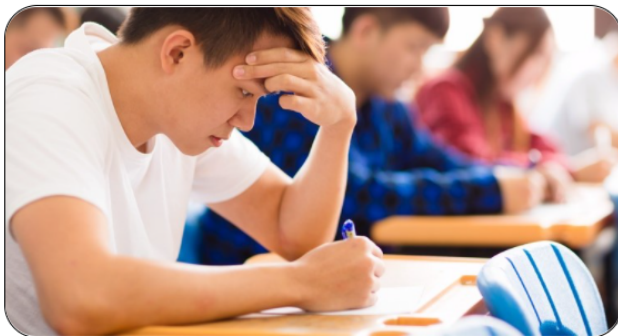
# 11<sup>th</sup> Grade



## 🔊 PUTTING A LID ON STRESS



### 🔊 Stressed Out Teens

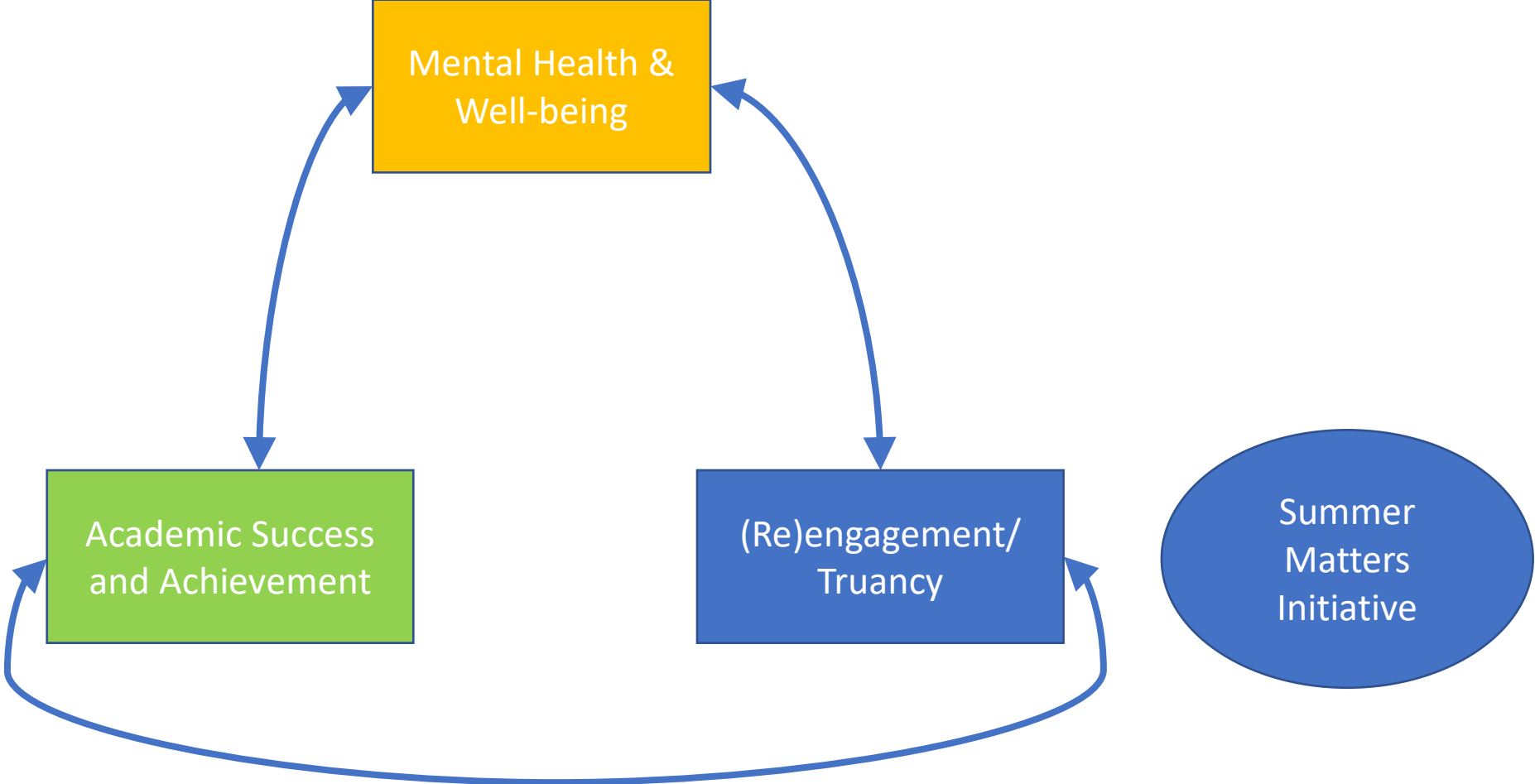


No one has to tell you that life as a junior can be extremely stressful. If college is in your future, this is the year you begin to narrow down your choices for colleges and plan college visits. Classes are getting more rigorous and you're trying to cram in as many activities as you can in order to make yourself look great on your college applications. Maybe you even have a part-time job or you do some volunteer work in between everything else.

Throw in families, friends, and girlfriends or boyfriends into the mix and you're juggling as much stuff as many adults. You've got a lot on your plate. No wonder you feel like a raging stress-filled volcano inside!

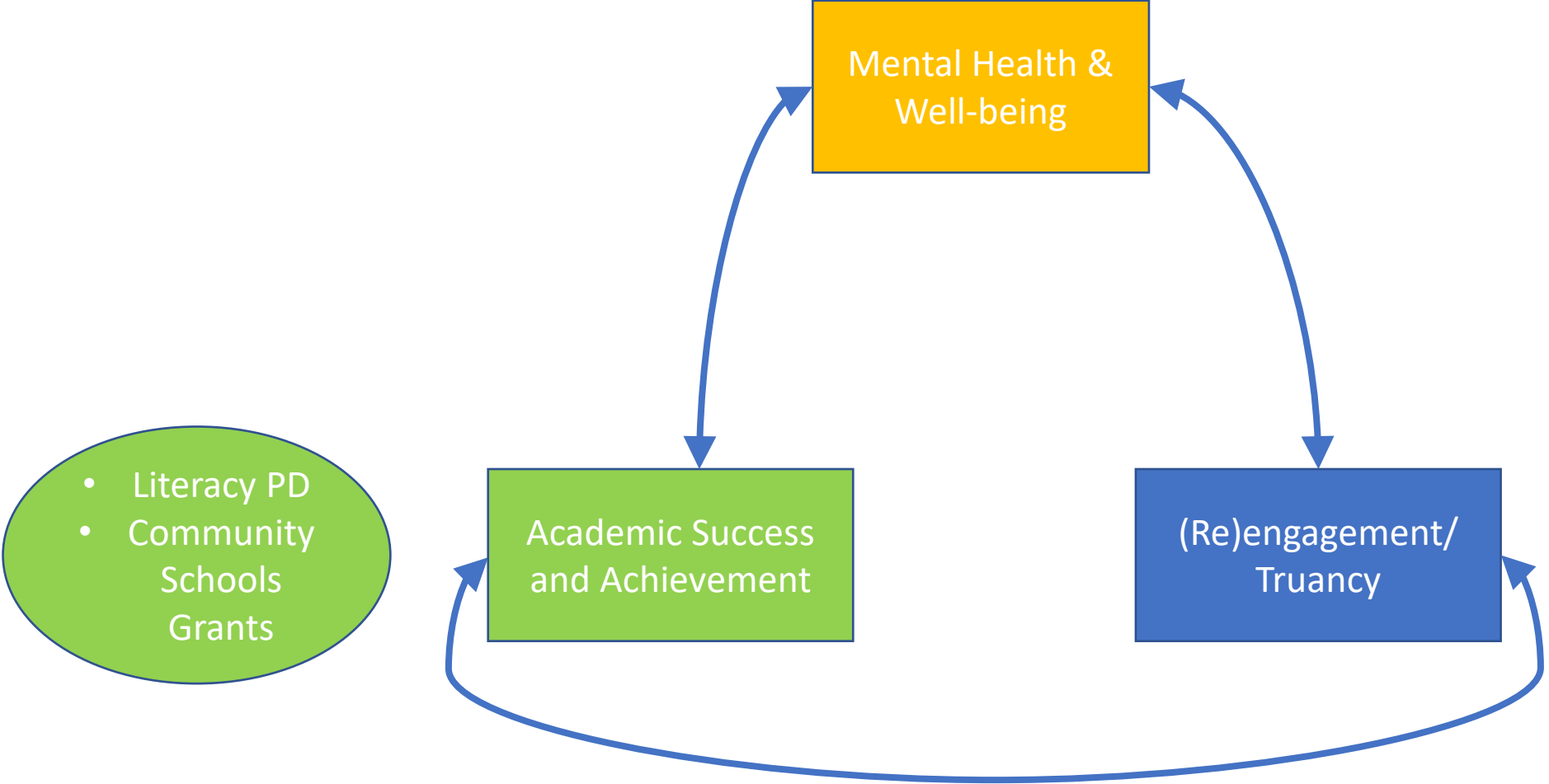


Selected State Supports for Recovery (to date)

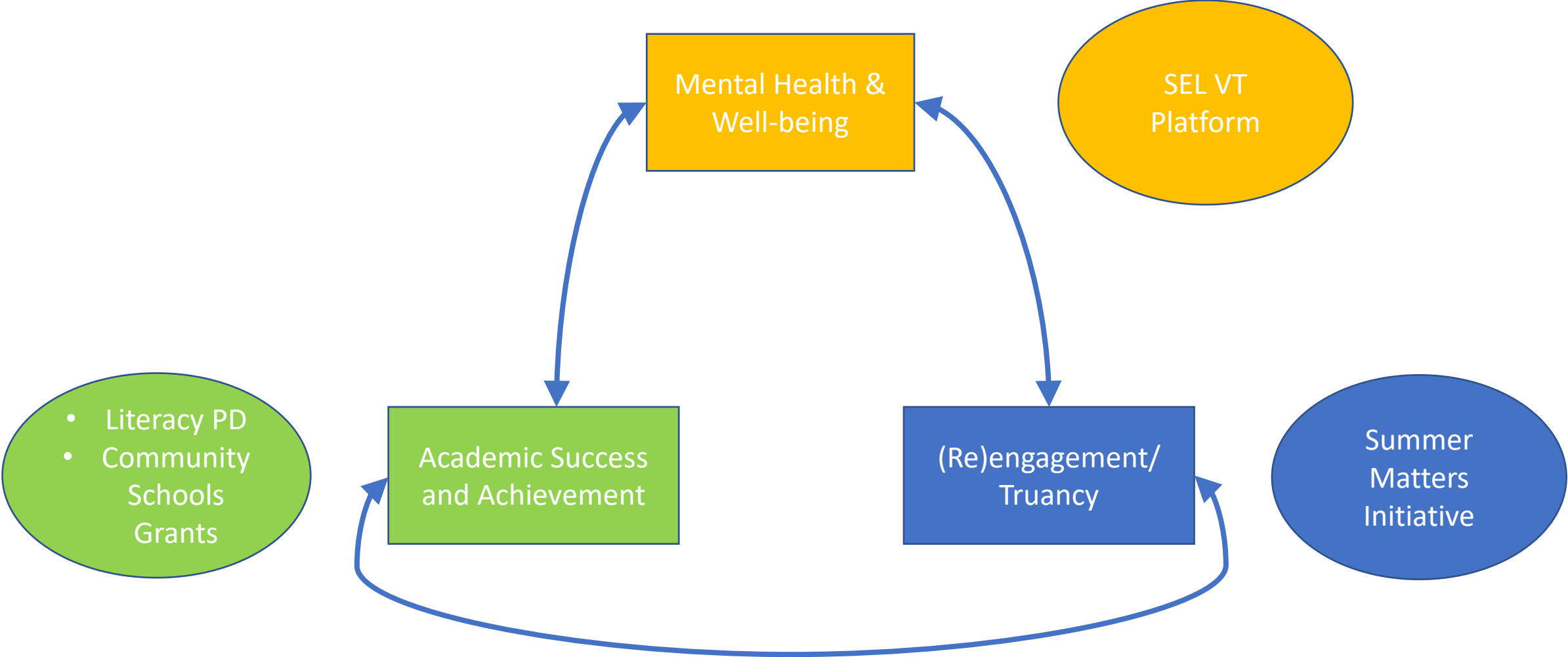




# Selected State Supports for Recovery (to date)



# Selected State Supports for Recovery (to date)



Questions?