Summer Food Service Program (SFSP) Meal Pattern during Unanticipated School Closure



Serve

- During unanticipated school closures, meals must be "Serve".
- Offer vs. Serve (OVS) is not an option.
- Cafeteria Style and Family Style meal service are not allowed.



Unitized Meals

- In unitized meals all meal components are packaged, delivered, and served as a unit.
- Milk may be packaged and provided separately, but must be served with the meal and only such complete meals are reimbursable.



Bulk Meals

 On April 12th, USDA provided updated guidance that bulk items may be provided as long as individual meals are easily identifiably as a reimbursable meals (SP 13-2020). To accomplish this, we recommend including a menu with the items that identifies which items and quantities are to be used to make up each meal. This flexibility is available for all of the child nutrition programs operating during COIVD-19.



Bulk Meal Requirements

- Must include the required food components in the proper minimum amounts for each reimbursable meal being claimed;
- Must ensure that food items are clearly identifiable as making up reimbursable meals;
- Are strongly encouraged to provide menus with directions indicating which items are to be used for each meal and the portion sizes;
- Should consider whether households have access to refrigeration, stoves, microwaves, etc., when providing food that requires refrigeration or further preparation, such as reheating; and
- Should ensure that only minimal preparation is required and that food is not provided as ingredients for recipes that require chopping, mixing, baking, etc.



Unitized Meal Waiver for FSMC and Vended Sites

 SFSP sponsors receiving vended meals and meals from a Food Service Management Company (FSMC) must complete and submit a **Unitized Meal** Waiver for FSMC and Vended Meals during Unanticipated School Closure due to COVID-19 to the Agency of Education to use this flexibility.



Meal Pattern Options for School Food Authority Sponsors

- Supervisory union or school district sponsors may choose to follow the SFSP meal pattern or continue following the school year NSLP, SBP, and NSLP Afterschool Snack Service meal patterns.
- However, if you choose to follow the school year meal pattern, you must follow it all, including dietary specifications and vegetable subgroup requirements.

Larger Portions for 12 through 18

- Sponsors have the option to serve more than the minimum serving sizes
- There is no maximum serving size in the SFSP Meal Pattern
- Sponsors have the option to serve CACFP adult meal pattern portion sizes
- Meals containing larger portion sizes are reimbursed the same amount as regular meals

Smaller Portions for 6 and under

- Sponsors have the option to serve CACFPsize portions to children 6 and under
- To select this option, please add a note in the Application Packet requesting this.
- CACFP Child Meal Pattern
- https://fnsprod.azureedge.net/sites/default/files/cacfp/CACFP childmealpattern.pdf



SFSP Meal Pattern Components

- Milk
- Vegetables and/or Fruit
 - juice must be 100%
- Grains
 - whole-grain or enriched, or cereals can be fortified.
- Meat/Meat Alternate
 - Nuts and seeds may fulfill the whole component requirement for snack, but no more than ½ of the requirement for lunch/supper.



Milk

- The serving size of milk is always 8 ounces.
- No fat-content restrictions.
- Milk must be included at breakfast, lunch, and supper.
- No milk choice requirements, as is required in the school year.



Breakfast

- Milk- 8 ounces/1 cup
- Vegetables and/or Fruit ½ cup
- Grains- 1 ounce
 - 1 ounce grain of bread is a 28 gram slice
- Meat/Meat Alternate is optional at breakfast
 - meat, fish, cheese: 1 ounce
 - nut butters: 1 ounce/2 tablespoons



Lunch/Supper

- Milk- 8 ounces/1 cup
- **Vegetables and/or Fruit**: 3/4 cup total, 1/8 is minimum serving size
 - 1 vegetable and a different vegetable
 - 1 fruit and a different fruit
 - fruit and vegetable
- up to $\frac{1}{2}$ of the total requirement may be met with 100% juice



Salad

• Fruit salad only counts as 1 fruit

• Garden salad only counts as 1 vegetable



Grains at Lunch and Supper

- Bread – 1 serving

- Tortillas – 1 serving

- Pasta or rice- ½ cup



Crediting

• Dried fruit and raw leafy greens credit as is.

• $\frac{1}{4}$ cup of dried fruit = $\frac{1}{4}$ cup of fruit

 ½ cup of raw leafy greens = ½ cup of vegetable



Crediting Resources

Food Buying Guide

https://foodbuyingguide.fns.usda.gov/

• Exhibit A: Grain Requirements for Child Nutrition Programs

https://foodbuyingguide.fns.usda.gov/Content/TablesFBG/ExhibitA.pdf



Meat/Meat Alternate at Lunch and Supper

- Meat, poultry, fish, cheese- 2 ounces
- Eggs 1 large egg
- Nut Butters 4 Tablespoons; this is **a lot** of nut butter, often folks will offer a cheese stick too!
- Yogurt 8 ounces/1 cup
- Tofu does not credit in SFSP

As a reminder to schools: be careful, it must be 2 ounces **daily**



Snack – Two Different Components

- Milk 8 ounces/1 cup
- Vegetable and/or Fruit 3/4 cup
- Grains
 - Bread: 28 grams slice is 1 ounce
 - Cereal: 1 ounce

Meat/Meat Alternate

- Meat and cheese- 1 ounce
- Nut butter 2 tablespoons
- Nuts-1 ounce
- Yogurt-4 ounces/ ½ cup



Snack

- Snack cannot be just a milk and juice
- This is a "liquid" snack and kids need something more substantial



Meal Pattern Documentation

 Production Records are not required, but highly recommended

Must use standardized recipes

 Use Child Nutrition (CN) labeled products or products with Product Formulation Statement as appropriate



Additional Foods

- Foods that may not be served as part of the reimbursable meal are not allowable costs.
- Condiments served with a creditable food are exempt from this restriction.
- Sites wishing to serve additional foods that do not meet SFSP meal pattern standards must use non-Program funds.



Potato Chips

• Chips, such as potato chips, that do not meet the meal pattern requirements cannot be purchased with SFSP funds

 Pretzels and chips made from wholegrain or enriched meal or flour can be used to meet the grain requirement.



Grain-Based Desserts

- Defined by the 3 and 4 subscripts on the Grain Crediting Chart
 - https://foodbuyingguide.fns.usda.gov/Content/ TablesFBG/ExhibitA.pdf
- Includes foods like pies, cookies, and cakes

- Are only allowed at snacks and breakfasts
- Not allowed at lunch and supper



Meal Types

- Breakfast
- AM Snack
- Lunch
- PM Snack
- Supper
- If doing more than one meal they must be served in order
 - breakfast cannot be served after lunch



Days of Operation and Meal Combinations

- Non-residential and residential camps
 - up to 3 meals a day, any combination there of

- Open and closed enrolled sites
 - up to 2 meals a day; cannot do lunch and supper
 - can do different combination of meals on different days
- You can serve weekend meals!



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