Site Name:						Risk Afterschool Snack Meal Record	
Date:					7	/T Agency of Education	
Must Select Two of the Five Components							
Date	Item, Portion Size & Quantity	Meat/Meat Alternate (1 oz.)	Vegetable (3/4 cup)	Fruit (3/4 cup)	Grains (1 oz. eq.)	Milk (8 fl. oz.)	
	Item						
	Portion Size						
	Quantity Prepared						
	Item						
	Portion Size						
	Quantity Prepared						
	Item						
	Portion Size						
	Quantity Prepared						
	Item						
	Portion Size						
	Quantity Prepared						
	Item						
	Portion Size						

Quantity Prepared