

Adult Day Care Center: _____

Adult Lunch/Supper Meal Record

Date: _____

VT Agency of Education

Date	Item, Portion Size & Quantity	Meat/Meat Alternate (2 oz.)	Vegetable (½ cup)	Fruit (½ cup)	Grains (2 oz. eq.)	Milk (8 fl. oz.)
	<i>Item</i>					
	<i>Portion Size</i>					
	<i>Quantity Prepared</i>					
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