

## **National School Lunch Program (NSLP) Afterschool Snack Intent to Participate and Program Agreement**

### **Overview**

Schools and residential child care institutions (RCCIs) that operate the National School Lunch Program are eligible to sponsor the NSLP Afterschool Snack Service. The school is responsible for the operation of the after school care program during which snacks are provided and must: (a) meet all Child Nutrition Programs regulations, meal pattern and eligibility requirements pertaining to the NSLP Afterschool Snack Service as defined in 7 CFR, Part 210; (b) provide regularly scheduled activities in an organized, structured, and supervised environment; and (c) include enrichment or educational activities.

Sites that have 50% or more of the enrolled children that are approved for free or reduced-price meals or are located in the attendance area of a school with 50% or more of the enrolled children eligible for free or reduced-price meals, based on the data reported in the Free and Reduced Eligibility Report, are site/area eligible and may serve snacks at no cost to all children and claim at the free rate of reimbursement. Sites that are located in areas where less than 50 percent of the enrolled children are approved for free or reduced-price meals must count and claim meals based upon the child's free, reduced-price, or paid status. These sites may be pricing or non-pricing, but must use non-federal funds to cover this cost.

Snack prices for full price children must cover the cost of the snack and the maximum reduced-price charge is \$0.15.

SFAs must ensure records are maintained to support program participation and to monitor programs as required by regulations.

Complete this document and the NSLP Afterschool Snack Service Site List and submit to the Vermont Agency Of Education Child Nutrition Programs for review and approval.

### **School Food Authority (SFA) Information**

Name of School Food Authority: \_\_\_\_\_ LEA Number: \_\_\_\_\_

Mailing Address: \_\_\_\_\_ Physical Address: \_\_\_\_\_

City/Town: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

SFA Contact: \_\_\_\_\_ Telephone: \_\_\_\_\_ Email: \_\_\_\_\_

## Program Agreement

SFAs that elect to serve snacks in their eligible schools during after school programs shall agree to:

1. Serve snacks which meet the minimum requirements prescribed in §210.10;
2. Price the snack as a unit;
3. Serve snacks free or at a reduced price to all children who are determined by the school food authority to be eligible for free or reduced-price school meals under 7 CFR part 245;
4. If charging for meals, the charge for a reduced-price meal supplement shall not exceed 15 cents;
5. Claim reimbursement at the assigned rates only for meal supplements served in accordance with the agreement;
6. Claim reimbursement for no more than one meal supplement per child per day;
7. Review each afterschool care program two times a year; the first review shall be made during the first four weeks that the school is in operation each school year, except that an afterschool care program operating year round shall be reviewed during the first four weeks of its initial year of operation, once more during its first year of operation, and twice each school year thereafter; and
8. Comply with all of these requirements and count the number of free, reduced-price, and paid reimbursable meals served to eligible children at the point of service (as required by §210.9(b)(9)).

## Snack Program Information

SFA NSLP Afterschool Snack Service Coordinator/Director: \_\_\_\_\_

Individual Responsible For Monitoring: \_\_\_\_\_

Planned Monitoring Dates: \_\_\_\_\_

Individual(s) Responsible for Food Preparation: \_\_\_\_\_

Individual(s) Responsible for Claim Submission: \_\_\_\_\_

Individual Responsible for Training NSLP Afterschool Snack Service Staff: \_\_\_\_\_

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## **NSLP Afterschool Snack Service Meal Pattern Grades K-12**

This meal pattern applies to grades K-12 in the U.S. Department of Agriculture's (USDA) National School Lunch Program (NSLP) Afterschool Snack Service. For information on the NSLP Afterschool Snack Service meal pattern for preschoolers (ages 1-4), see the NSLP Afterschool Snack Service Meal Pattern for Preschoolers.

Reimbursable snacks must consist of two food items, each from a different component. For example, a snack of carrot sticks and apple juice does not comply with the Afterschool Snack Service Meal Pattern for Grades K-12 because both items are from the vegetables/fruits component. Use the [USDA Food Buying Guide](#) to determine the amount of purchased food that meets these requirements.

Children may be served larger portions, but not less than the minimum quantities. Large portions may be appropriate to meet older children's nutritional needs. Milk must be low-fat (1%) unflavored or flavored or fat-free, unflavored or flavored. Whole milk, reduced fat (2%) milk cannot be served.

A serving is the edible portion of cooked, lean meat, poultry, or fish, e.g., cooked lean meat without the bone, breading, binders, fillers, or other ingredients. APP must meet the requirements in appendix A of the NSLP regulations (7 CFR 210). Tofu must contain at least 5 grams of protein per 2.2 ounces (weight) or ¼ cup (volume). Creditable nuts and seeds include almonds, Brazil nuts, cashews, filberts, macadamia nuts, peanuts, pecans, walnuts, pine nuts, pistachios, and soy nuts.

To increase nutrient variety, yogurt should not be served when milk is the only other snack component.

Serve whole vegetables and fruits most often. Juice must be full-strength (100 percent) pasteurized juice. Juice cannot be served when milk is the only other snack component.

Grains/Breads must be whole grain or enriched, or made from whole grain or enriched flour or meal that may include bran and/or germ. Cereal must be whole grain, enriched, or fortified. One serving of breakfast cereal must meet the requirement for either measure (cups) or weight (ounces), whichever is less. Example of cereal grains include amaranth, barley, brown rice, buckwheat, corn meal, corn grits, kasha, millet, oats, quinoa, wheat berries, and rolled wheat.

## NLSP Afterschool Snack Service Meal Pattern Requirements Grades K-12

Serve any **Two** of the following four components (must be two **Different** components):

<b>Milk, Fluid Component:</b>	<b>Minimum Quantities for Grades K-12:</b>
Low-fat (1%) unflavored	8 fluid ounces (1 cup)
Low-fat (1%) flavored milk	8 fluid ounces (1 cup)
Fat-free unflavored milk	8 fluid ounces (1 cup)
Fat-free flavored milk	8 fluid ounces (1 cup)

<b>Meat/Meat Alternates Component:</b>	<b>Minimum Quantities for Grades K-12:</b>
Lean meat or poultry or fish	1 ounce
Tofu, soy products, or alternate protein products (APP)	1 ounce
Cheese	1 ounce
Cottage cheese	¼ cup
Eggs, large	½
Cooked dry beans or peas	¼ cup
Peanut butter or soy nut butter or other nut or seed butters	2 tablespoons
Peanuts or soy nuts or tree nuts or seeds	1 ounce
Yogurt, plain or flavored, unsweetened or sweetened	4 ounces or ½ cup

An equivalent quantity of any combination of the above meat/meat alternates

<b>Vegetables/Fruits Component:</b>	<b>Minimum Quantities for Grades K-12:</b>
Fresh, canned, frozen fruits and vegetables	¾ cup
Full-strength fruit or vegetable juice	¾ cup

An equivalent quantity of any combination of the above vegetables and fruits

<b>Grains/Breads Component:</b>	<b>Minimum Quantities for Grades K-12:</b>
Whole grain or enriched bread	1 slice *
Whole grain or enriched bread products, e.g., cornbread, biscuits, rolls	1 serving *
Whole grain, enriched, or fortified ready-to-eat breakfast cereal (dry, cold)	¾ cup or 1 ounce
Whole grain, enriched, or fortified cooked breakfast cereal, cereal grain, or pasta	½ cup
Whole grain or enriched savory crackers and sweet crackers, e.g., animal crackers and graham crackers	1 serving *

An equivalent quantity of any combination of the above grains and breads

## **Assurance Statement**

"The program applicant hereby agrees that it will comply with Title VI of the Civil Rights Act of 1964 (42 U.S.C. § 2000d et seq.), Title IX of the Education Amendments of 1972 (20 U.S.C. § 1681 et seq.), Section 504 of the Rehabilitation Act of 1973 (29 U.S.C. § 794), the Age Discrimination Act of 1975 (42 U.S.C. § 6101 et seq.); all provisions required by the implementing regulations of the Department of Agriculture; Department of Justice Enforcement Guidelines, 28 CFR Part SO.3 and 42; and FNS directives and guidelines, to the effect that, no person shall, on the grounds of race, color, national origin, sex, age, or disability, be excluded from participation in, be denied benefits of, or otherwise be subject to discrimination under any program or activity for which the program applicant receives Federal financial assistance from FNS; and hereby gives assurance that it will immediately take measures necessary to effectuate this agreement."

"By accepting this assurance, the Program applicant agrees to compile data, maintain records, and submit reports as required, to permit effective enforcement of nondiscrimination laws and permit authorized USDA personnel during hours of program operation to review such records, books, and accounts as needed to ascertain compliance with the nondiscrimination laws. If there are any violations of this assurance, the Department of Agriculture, FNS, shall have the right to seek judicial enforcement of this assurance. This assurance is binding on the Program applicant, its successors, transferees, and assignees as long as it receives assistance or retains possession of any assistance from USDA. The person or persons whose signatures appear below are authorized to sign this assurance on the behalf of the Program applicant."

## **Certification Statement**

I hereby certify that neither the Organization nor its principals/authorized representatives is presently debarred, suspended, proposed for debarment, declared ineligible, disqualified, or voluntarily excluded from participation in this transaction by any Federal/State department or agency.

I certify under penalty of perjury that the information on these application forms is true and correct, and that I will immediately report to the State any changes that occur to the information submitted. I understand that this information is being given in connection with receipt of federal funds. The State may verify information; and the deliberate misrepresentation of information will subject me to prosecution under applicable federal and state criminal statutes.

On behalf of the Organization, I hereby agree to comply with all state and federal laws and regulations governing the School and Nutrition programs administered by the State. In accordance with Federal law and U.S. Department of Agriculture policy, this Organization does not discriminate on the basis of race, color, national origin, sex, age or disability. I will ensure that all monthly claims for reimbursement are true and correct and that records are available to support these claims.

## Signatures

\_\_\_\_\_  
Signature of SFA Representative

\_\_\_\_\_  
Signature of After School Program Director

\_\_\_\_\_  
Printed Name of SFA Representative

\_\_\_\_\_  
Printed Name of After School Program Director

\_\_\_\_\_  
Date

\_\_\_\_\_  
Date

\_\_\_\_\_  
State Agency Signature

\_\_\_\_\_  
State Agency Approval Date

\_\_\_\_\_  
NSLP Afterschool Snack Service Participation Start Date

This institution is an equal opportunity provider.