Local Wellness Policy Self-Assessment: Nutrition Education and Promotion

(DRAFT)

Directions: The local wellness policy (LWP) team should complete this self-assessment with support from other school and district stakeholders (e.g., principals, health educators, etc.). The LWP team should identify who in the school system may best answer the different implementation questions (found in Column C), and gather data from these people through surveys, interviews, etc.

The LWP team by policy area (row) will be asked to assess (in Column B) how Supervisory Union/District (SU/SD) LWP policy language is the same or similar to the model policy language found in Column A, which comes directly from [Vermont Agency of Education Model Local Wellness Policy](https://education.vermont.gov/document/model-local-wellness-policy). The LWP team should then assess (in Column C) if each practice affiliated with that policy goal area is implemented across all SU/SD schools (YES), not implemented (NO), or not fully implemented (IN PROCESS). A LWP team may choose to go through this self-assessment by section, row, or column (e.g., assess all SU/SD policies first).

It is also assumed that many SU/SDs will have strong policies, intentional alignment between policies and practices, and may be interested in establishing additional policy and implementation goals that go beyond federal and state requirements. These additional, and not required, best policies/practices are marked in the template as optional where relevant. If a SU/SD has Nutrition Education and Promotion policy goals not related to those found in Column A, that go beyond model policies, these additional policy goals should be captured in added rows at the end of this template. The LWP team will need to also assess if practices associated with these policy goals- identified by the LWP team in the additional row- are implemented in the SU/SD (see [Supports and Resources for Nutrition Promotion](https://education.vermont.gov/documents/supports-and-resources-for-nutrition-promotion-vermont-local-wellness-policy-guide) and [Supports and Resources for Comprehensive Health Education](https://education.vermont.gov/documents/supports-and-resources-for-comprehensive-health-education-vermont-local-wellness-policy-guide)).

# Nutrition Education and Promotion

Supervisory Union/District: Date:

Collaborative Stakeholders Represented (List LWP Team Members):

| 1. MODEL POLICY LANGUAGE   ([Vermont Agency of Education Model Local Wellness Policy](https://education.vermont.gov/document/model-local-wellness-policy)) | 1. POLICY LANGUAGE OR SIMILAR INCLUDED IN LWP | 1. POLICY REQUIREMENTS AND OPTIONAL RESEARCH SUPPORTED BEST PRACTICES |
| --- | --- | --- |
| 1. Provide nutrition promotion and education programs as required by state law and regulations of the State Board of Education. In particular, the District will provide a nutrition component in its Comprehensive Health Education program and will develop curricular programs intended to accomplish applicable goals enumerated in the Vermont Education Quality Standards. | *YES:*  *NO:* | School meals are promoted by the food service program and the school to encourage program participation ([7 CFR 210.12](https://www.ecfr.gov/current/title-7/subtitle-B/chapter-II/subchapter-A/part-210/subpart-C/section-210.12)).  YES: NO: IN PROCESS:  Nutrition Education is included as an element of the school’s comprehensive health education program ([16 VSA 131](https://legislature.vermont.gov/statutes/section/16/001/00131)).  YES: NO: IN PROCESS:  (OPTIONAL) Nutrition Education is integrated into the school food environment in concrete ways.  YES: NO: IN PROCESS:  (OPTIONAL) Nutrition Education addresses agriculture and the food system (see [Vermont Farm to School and Early Childhood Network](https://vermontfarmtoschool.org/)).  YES: NO: IN PROCESS:  (OPTIONAL) Nutrition Education and Promotion is weight-inclusive (see [WIN Research Group](https://site.uvm.edu/efpope/)).  YES: NO: IN PROCESS: |
| 2. Conduct nutrition promotion and education programs through appropriately licensed staff members. | YES:  NO: | Professional staff responsible for Nutrition Education and Promotion are licensed and appropriately endorsed for their assignment (see [Rules Governing the Licensing of Educators and the Preparation of Educational Professionals](https://education.vermont.gov/documents/vsbpe-rules-governing-the-licensing-of-educators-and-preparation-of-educational-professionals-6-11-2021))  YES: NO: IN PROCESS:  Professional staff responsible for Nutrition Education and Promotion have had adequate academic preparation and training to teach or provide services in Nutrition Education and Promotion (e.g., received targeted training in prevention of, use of language regarding, and identification of eating disorders in youth) ([16 VSA 165](https://legislature.vermont.gov/statutes/section/16/003/00165) and [16 VSA 261a](https://legislature.vermont.gov/statutes/section/16/007/00261a)).  YES: NO: IN PROCESS: |
| 3. Limit food and beverage marketing to the promotion of only those foods and beverages that meet the USDA Smart Snacks in School nutrition standards on school campus. | YES:  NO: | Food marketing that may be found in the LEA (e.g., signs, scoreboards, sports equipment, educational materials, etc.) only promotes foods that meet USDA Smart Snacks in School standards ([7 CFR 210.31](https://www.ecfr.gov/current/title-7/subtitle-B/chapter-II/subchapter-A/part-210/subpart-F/section-210.31)).  YES: NO: IN PROCESS: |
| 4. Integrate nutrition promotion and education into core curricula in areas such as science and family and consumer science courses, to the extent practicable | YES:  NO: | (OPTIONAL): Nutrition Education and Promotion are integrated into core curricula in areas such as science and family and consumer science courses (see [Comprehensive Health Interdisciplinary Framework](https://education.vermont.gov/document/comprehensive-health-interdisciplinary-framework)).  YES: NO: IN PROCESS: |
| *Additional Policy Goal in Nutrition Promotion and Education* | *Policy Language:* | *Evidence of Implementation of Policy Goal:* |