

Incorporating Vermont PBS Into Your Classroom

Program: *Alma's Way*

Grade(s): PreK-Grade 1

Ways to watch: PBS Live Broadcast, [PBS Kids YouTube](#)

About: *Alma's Way* is an engaging animated series for kids ages 4 to 6 focused on critical thinking and helping young viewers to discover their own unique voice and find solutions to challenges. The audience comes along with Alma as she learns to think for herself, make decisions, and understand other people's points of view—while making lots of messy and hilarious mistakes all along the way.

Primary Connection to the [Vermont Early Learning Standards](#) (VELS):

I. Developing Self: Social and Emotional Learning and Development

<i>Element</i>	<i>Goal</i>
1. Emotion and Self-Regulation	1. Children express a range of emotions and regulate their emotional and social responses.
2. Self-Awareness	1. Children demonstrate awareness of their personal characteristics, skills, and abilities.
3. Relationships with Adults and Peers	1. Children develop healthy positive relationships with adults and peers.

Additional VELs' Sections and Domains to Explore with *Alma's Way*:

I. Developing Self: Approaches to Learning

Resources: Use the following carefully curated resources to support teaching social and emotional skills and more with *Alma's Way*.

For Educators:

- [PBS Learning Media](#)

For Families:

- [PBS Parents](#)
- [PBS Kids](#)

You may also be interested in these PBS programs:

1. [Mister Chris and Friends](#)
2. [Sesame Street](#)
3. [Daniel Tiger's Neighborhood](#)