

## Minimum Course of Study (MCOS)

### Instructions:

- Provide a list of skills and topics that the student will be studying over the course of the year
  - Each section below has a space to write your list.
- The list should include specific examples of the material you'll be covering
  - You don't need to describe each topic; just name the skill or topic
    - e.g., "Multiplying fractions", "field trip to Vermont History Museum"
    - or "Huckleberry Finn – Mark Twain", "properties of matter"
  - For a full year, you should provide 5 or 6 skills/topics for each area.
  - Include as much information as is needed to provide an overview of the year's topics
  - The name of an online program or curricula is not sufficient
  - Please see our website for samples.
    - <https://education.vermont.gov/vermont-schools/school-operations/home-study>
- Include only topics and skills relevant to the required areas.
  - All other topics can be considered electives, and do not need to be submitted to the State
  - Physical Education, Fine Arts, and Health Education are required only for students who are under the age of 13.

### Adaptations:

- If the student has a documented disability, a **list of adaptations** must be included.
  - Include this list in each MCOS/Adaptations section or list General Adaptations (covering more than one area) at the bottom of the form.
  - If your student does not have a disability, please disregard the Adaptations section. (You may use this space to continue your MCOS if needed.)

Contact the Home Study Office with any questions:

- Email: [aoe.homestudy@vermont.gov](mailto:aoe.homestudy@vermont.gov)
- Voicemail: 802-828-6225
- Fax: 802-828-6433
- Mail: Home Study Office, 1 National Life Drive, Davis 5, Montpelier, VT 05620-2501

<b>Student Name:</b>	<b>School Year: (e.g., '21-'22)</b>
<b>Parent/Guardian 1 Email:</b>	

<p><b>Reading, and Writing:</b> <i>e.g., learning to read and write the alphabet, parts of speech, writing essays, grammar</i></p>	<p><b>Adaptations:</b> <i>e.g., text-to-speech software, teaching at a lower reading level, typing instead of writing, use of a scribe</i></p>
--	--

<p><b>Mathematics:</b> <i>e.g., recognizing numbers, counting, addition, fractions, circumference, ratios, exponents</i></p>	<p><b>Adaptations:</b> <i>e.g., manipulatives, calculators, flash cards, number lines</i></p>
--	---

<p><b>Citizenship, History, and Government in Vermont and the United States:</b> <i>e.g., local government, states and capitals, Pearl Harbor, Boston Tea Party, how a law is made</i></p>	<p><b>Adaptations:</b> <i>e.g., Use of online videos and movies, hands on activities, cultural field trips</i></p>
--	--

<b>Student Name:</b>	<b>School Year:</b>
----------------------	---------------------

**Literature:** *e.g., a list of books the student will read or listen to, plot, responses to reading*

**Adaptations:** *e.g., audiobooks, watching movie before or after reading book, reading out loud to student, lower reading level*

**Natural Sciences:** *e.g., the scientific method, discoveries and inventions, Periodic Table of Elements, gardening, electricity*

**Adaptations:** *e.g., hands on experiments, online videos, pre-teaching vocabulary*

**Please note: The following areas are only required if the student is under the age of 13 at the time of enrollment.**

**Physical Education:** *e.g., team sports, running, martial arts, yoga, skiing*

**Adaptations:** *e.g., adaptive equipment, changing rules to games or activities, physical therapy, or occupational therapy*

Student Name:	School Year: (e.g., '22-'23)
---------------	------------------------------

**Comprehensive Health Education including the effects of tobacco, alcoholic drinks, and drugs on the human system and on society:** *e.g., first aid, human growth and development, and nutrition*

**Adaptations:** *e.g., use of models and visual aids, using clear and simple language, using film and stories*

**Fine Arts:** *e.g., painting, music lessons, dance class, attend performing arts events*

**Adaptations:** *e.g., thicker paint brushes, crayons, markers, pencil grips and other tools*

**General Adaptations: (only required if student has a disability)** *e.g., frequent breaks, visual aids, communication devices, calculators, breaking information down into smaller pieces*