



Daniel Tiger's Neighborhood - Resources and Episode Specific Activities

General Resources

- PBS Learning Media: <u>Daniel Tiger's Neighborhood Collection</u>
- PBS Kids: <u>Daniel Tiger's Neighborhood</u>
- PBS Parents: Daniel Tiger's Neighborhood
- National Center for Pyramid Model Innovations: <u>Providing Distance Family Support:</u> <u>What do I say? How can I help? A Conversation with NCPMI Faculty</u> (webinar)
- PBS Parents: Daniel Tiger's Neighborhood <u>read along</u> with author Angela Santomero (permission from Simon & Schuster)
- PBS Kids: <u>Daniel Tiger: Welcome to the Neighborhood</u> (downloadable e-book)
- PBS Kids: <u>Daniel Tiger: Play at Home with Daniel</u> (downloadable app)

Episodes and Specific Resources

Daniel and O's Road Trip/Daniel's Puppet Plan

Strategy: If there's a problem, talk about it and make a plan.

- PBS Parents: <u>Turn Chairs into a Pretend Trolley</u>
- NCPMI: We Can Be Problem Solvers Social Story (printable)
- PBS Parents: Daniel Tiger Finger Puppet
- PBS Parents: Make a Paper Chain to Practice Cooperation Craft

Daniel Doesn't Want to Go Potty/Daniel Sits on the Potty

Strategy: Do you have to go potty? Maybe yes. Maybe no. Why don't you sit and try to go?!

- PBS: <u>Helping Children to Learn How to Use the Potty</u>
- PBS Learning Media: <u>The Potty Polka</u> (includes video and printables)

King Daniel for the Day

Strategy: You can choose to be kind.

- NCPMI: Young Children's Book List for Social and Emotional
- PBS Parents: <u>Kindness Bingo</u> (printable)

Daniel Learns About Lizards/Daniel Wonders About Trolley

Strategy: When you wonder, you can try to find out more!

• PBS Kids: <u>Daniel and Trolley Coloring page</u> (printable)

Daniel's Obstacle Course/Daniel Plays in a Gentle Way

Strategy: Sometimes you need to play in a gentle way.

- PBS Parents: <u>Practice Self Control by Playing Freeze Dance</u>
- NCPMI: <u>Teaching Emotions</u>: <u>Activity Ideas to Share with Families</u> (printable)



- PBS Parents: <u>How Play Helps Children Navigate During Difficult Times</u> (article)
- NCPMI: <u>Tucker Turtle Takes Time to Tuck and Think</u> (printable)

Daniel's Allergy/Allergies at School

Strategy: We take care of each other.

- PBS Parents: 7 Ways for Kids to Learn Empathy Through Acting
- PBS Parents: <u>Pretend Play: Going to the Doctor</u>
- PBS Kids: Make a Card Activity
- PBS Parents: <u>Pretend Play at Home Activity</u>

Firefighters at School/Daniel's Doll

Strategy: You can be more than one thing.

- PBS Learning Media: Meet the Helpers: Firefighters
- PBS Kids: <u>Daniel Tiger's Life's Little Lessons Learning Kit: Pretend Play</u>

Daniel's Bicycle/Katerina's Magic Trick

Strategy: Grr, Grr, Grr out loud. Keep on trying and you'll feel proud!

- PBS Parents: <u>Keep Trying: Create a Tightrope</u>
- PBS Parents: <u>Learning at Home: 9 Early Literacy Activities</u>
- PBS Parents: <u>Daniel Tiger's Grr-ific Feelings</u> (app)
- PBS Parents: <u>Daniel Tiger Family Matching Game</u> (printable)

Margaret's Birthday Buddy/Margaret's Birthday Party

Strategy: "When it's not your birthday what can you do? Be a birthday buddy and help out too."

- NCPMI: How to Help your Child Recognize and Understand Jealousy (printable)
- PBS Kids: Helping Children Feel Valued and Loved

Something Special for Dad/I Love You, Mom

Strategy: Making something is one way to say, "I love you."

- PBS Parents: Make a Coupon Book of Helpful Gifts
- PBS Kids: <u>Thank You</u> (printable)
- PBS Kids: Something Special for Dad online story (English and Spanish)

Daniel Learns to Ask First/Friends Ask First

Strategy: First stop and ask.

- YouTube: <u>Todd Parr The Thankful Book</u>
- PBS Parents: <u>Playing Tea Party Game</u>

Daniel's Babysitter/Daniel Goes to School

Strategy: Grown-ups come back.

- PBS Kids: Daniel's Babysitter
- PBS Learning: Going Away and Coming Back



Daniel Does Gymnastics/The Big Slide

Strategy: With a little help, you can be brave.

- PBS Parents: Keep Trying Create a Tightrope
- Psychology Today: <u>Teach Your Child to Ask for Help</u>

Daniel's Birthday/Daniel's Picnic

Strategy: When something seems bad, turn it around.

- PBS Kids: <u>Guess the Feelings Game</u>
- PBS Kids: Daniel Tiger's Grr-ific Feelings (app)

Duckling Goes Home/Daniel Feels Left Out

Strategy: It's OK to feel sad sometimes.

- PBS Parents: <u>Draw Your Feelings</u> (printable)
- Vanderbilt University: <u>Understanding Cooperative Play in Young Children</u>

Line Leader Daniel/Neighborhood Jobs

Strategy: Everyone's job is important.

- PBS Parents: Plan Ahead With a Refrigerator Calendar
- PBS Kids: <u>Daniel Tiger Dress Up Game</u>

Daniel Gets a Cold/Mom Tiger is sick

Strategy: When you're sick, rest is best.

- PBS Kids: <u>Daniel Tiger Doctor Game</u>
- PBS Parents: How to Talk to Your Kids About the Coronavirus

Daniel Learns about Empathy

Strategy: Think about how someone else feels.

- PBS Parents: Explore Body Language with Feelings Charades
- PBS Parents: How to Help Your Four Year-Old Develop Empathy

Daniel Loves Tigey/Daniel Needs Tigey At School

Strategy: When you're upset you can find a way to feel better.

- PBS Learning Media: Show and Express Your Feelings Activity
- PBS Kids: Daniel Tiger Calm Down Coloring

Daniel Visits the Dentist/Daniel's First Haircut

Strategy: When we do something new, let's talk about what we do.

- PBS Parents: Activity: Pretend Play-Going to the Doctor
- NCPMI: Going to the Doctor/ Dentist Family Resource

Jodi's First Day at School/Daniel Plays at Jodi's House

Strategy: Wherever you go, you can find something you know to feel better.

• PBS Learning Media: Article: Adjusting to Preschool



PBS Learning Media: <u>Activity: First Day of School</u>

Time for Daniel/There's Time for Daniel and Baby Too

Strategy: There is time for you and baby too.

- PBS Kids: <u>Big Brother Daniel (story)</u>
- PBS Kids: Daniel and Margaret Coloring

No Red Sweater/Teacher Harriet's New Hairdo

Strategy: You can change-but you're still you.

• PBS Parents: Activity: Build Confidence with a Self-Portrait

The Lemonade Stand/Mad at the Beach

Strategy: Mad, Mad, Mad. It helps to say that I am MAD.

- NCPMI: Solution Kit Home Edition English; Spanish
- NCPMI: We Can be Problem Solvers at Home English; Spanish

Daniel is Jealous/Jealousy at the Treehouse

Strategy: When you feel jealous, talk about it, and we'll figure something out.

• PBS Parents: Making Faces and Using Your Words Activity

Daniel Gets Frustrated/Frustration at School

Strategy: When you're feeling frustrated, take a step back, and ask for help.

- PBS Parents: <u>Face-changing Paper Dolls activity</u>
- NCPMI: Help Us Calm Down Strategies English; Spanish

Playtime is Different/The Playground is Different with Baby

Strategy: When a baby makes things different, find a way to make it fun.

- PBS Parents: Activity: Family Game Time
- PBS Parents: Make a Healthy Feelings Snack

Daniel's Fish Dies/Daniel's Strawberry Seeds

Strategy: Ask questions about what is happening.

- PBS Parents: Talking with Preschoolers about the Death of a Pet (article)
- NCPMI: How to Help Your Child Understand Sadness Family Resource

Sharing at the Library/Daniel Shares with Margaret

Strategy: Sharing with you is fun for me.

- American Library Association: <u>Celebrating Family Reading List</u>
- PBS Parents: <u>Games That Teach Sharing</u>

Daniel's Happy Song/Prince Wednesday's Happy Birthday

Strategy: This is my happy song, and I could sing it all day long.

• UNC at Chapel Hill: <u>Gratitude Conversations Module for Families and Caregivers</u>



• PBS Kids: <u>Prince Wednesday Coloring</u> (printable)

Daniel Explores Nature/Daniel's Nature Walk

Strategy: There is so much to explore when you are outside.

- The Genius of Play: Nature's Color Match
- PBS Parents: Painting with Nature

The Neighborhood Fall Festival/Field Day at School

Strategy: Do your best. Your best is best for you.

- The Genius of Play: Will You Be My Neighbor
- PBS Kids: Neighbor Day (game)

Fruit picking day/Daniel is Big Enough to Help Dad

Strategy: Everyone is big enough-big enough to do something.

- PBS Kids: Daniel's Neighborhood Cleanup (online game)
- PBS Learning Media: <u>Everyone is Big Enough</u> (printable)

The Baby is Here

- NCPMI: <u>How to Teach Your Child to Appropriately Get Attention</u> (printable)
- PBS Kids: <u>Big Brother Daniel</u> (online story)

Daniel's Friends Say No/Prince Wednesday Doesn't Want to Play

Strategy: When a friend does not want to play with you, you can find something else to do.

- The Genius of Play: Simon Says It with Feeling
- PBS Kids: Won't You Be My Neighbor (printable)

Daniel Fixes Trolley/Problem Solver Daniel

Strategy: Try to solve the problem yourself, and you'll feel proud.

- PBS Kids: <u>Daniel Drives Trolley</u> (game)
- NCPMI: <u>Problem Solving Steps (printable)</u>

Daniel's Winter Adventure/Neighborhood Nutcracker

Strategy: If something seems hard to do, try it a little bit at a time.

- PBS Learning Media: <u>Keep On Trying</u> (article)
- PBS Parents: What Would Mom Tiger Do? Parenting Tips from Daniel Tiger (article)

Daniel Goes to Sleep/Prince Wednesday Sleeps Over

Strategy: It's time to sleep, the day is done. Let's count down, 5,4,3,2,1.

- NCPMI: How to Help Your Child Have a Successful Bedtime (printable)
- PBS Kids: My Bedtime (game)
- PBS Kids: Kristen Bell Reads Good Night, Daniel Tiger



Love Day/Daniel's Love Day Surprise

Strategy: Find your own way to say I love you.

- PBS Learning Media: <u>Helping Children Feel Valued and Loved</u> (article)
- Glued to My Crafts: <u>Sign Language I Love You Craft</u>

Daniel Makes a Noise Maker/Daniel Makes the Neighborhood

Strategy: If there's something you need, try to make it yourself.

- The Crafting Chicks: <u>DIY Noise Maker Craft</u>
- PBS Parents: Daniel Tiger's Watch Craft

Daniel and Margaret Play School/Treasure Hunt at the Castle

Strategy: You're big enough to think about what to do.

- PBS Parents: Freeze Dance and Self Control Activity
- PBS Parents: Making Faces and Using Your Words Activity

Daniel Feels Two Feelings/The Neighborhood Carnival

Strategy: Sometimes you feel two feelings at the same time and that is okay.

- PBS Parents: <u>Draw Your Feelings</u> (printable)
- Vanderbilt University: <u>Provide Choices Between Activities Strategy</u> (printable)

The Neighborhood Votes/The Class Votes

Strategy: Stop, think, and choose.

- Vanderbilt University: <u>Using a First Then Visual</u> (printable)
- Vermont PBS: <u>Play at Home with Daniel</u> (app)

Thank you Grandpere Tiger/Neighborhood Thank you Day

Strategy: Thank you for everything you do.

- PBS Parents: Make Your Own Thank You Cards
- PBS Parents: Cooking Together <u>Grandpere's Veggie Soup Recipe</u>

Daniel's Very Difficult Day/Class Trip to the Library

- PBS Parents: <u>Draw Your Feelings</u> (printable)
- Simple Play Ideas: <u>Library Pretend Play</u> (printable)

Daniel Gets a Shot/A Stormy Day

- PBS Kids: <u>Doctor Daniel game</u> (interactive)
- PBS Parents: <u>Pretend Play- Going to the Doctor</u>

Be a Vegetable/Daniel Tries a New Food

- PBS Parents: <u>Easy Mini Pizza recipe</u>
- PBS Learning Media: Katerina Finally Tries a New Food (printable)



Prince Wednesday Goes to the Potty/Daniel Goes to the Potty

- PBS Parents: <u>Daniel Tiger Stop and Go Potty</u> (app)
- Brightly: Potty Training 101: Helpful Books for Kids and Their Parents

Daniel Waits for Show-And-Tell/A Night Out at the Restaurant

- PBS Kids: <u>Daniel and his Friends</u> (online story)
- NCPMI: Feelings Faces (English and Spanish)

Good Morning Daniel/Goodnight Daniel

- PBS Kids: Goodnight Daniel Coloring page (printable)
- NCPMI: Making Life Easier Bedtime and Naptime (article)

Visiting Grandpere/The Tiger Family Goes Back Home

Strategy: When you're away you can play this game -- find what's different and what's the same.

- PBS Kids: <u>Barnyard Match Game</u> (interactive)
- PBS Parents: <u>Family Game Time</u> (printable)

Tiger Family Trip

Strategy: There are so many exciting things to do and see when you're on a trip with your family.

- PBS Parents: Our Family Memories (printable)
- PBS Parents: <u>Tips for Travelling with Kids</u> (article)

Daniel Plays Ball/O Builds a Tower

Strategy: Keep trying and you'll get better.

- PBS Parents: My Accomplishments Book
- PBS Parents: Planning and Building a Structure for a Favorite Toy

Daniel's Sleepover/Backyard Camping

Strategy: See what it is. You might feel better.

- PBS Kids: <u>Daniel Tiger Spin and Sing</u> (interactive)
- Brightly: Nine Books to Help Kids Manage Their Fears and Phobias

The Dragon Dance/Teacher Harriet's Birthday

Strategy: If you cannot do it alone, work together.

- PBS Parents: Make a Silly Folded Picture
- PBS Parents: <u>Tips on Helping Your Child Learn to Cooperate</u> (article)

You are Special/Daniel is Special

Strategy: You are Special.

• PBS Parents: You are Special! Read Aloud by author Angela Santomero



Daniel's Grr-ific Grandpere/Making Mozies with Nana

Strategy: I love the special things I do with you.

- PBS Parents: <u>Grandparents Who Care: New Tools for Supporting this Vital Relationship</u>
- PBS Parents: <u>Mozie-mazing Cookies</u> recipes

Find What Makes Your Family Special/Family Day

Strategy: All families are different.

- PBS Parents: <u>Make a Card</u> (interactive)
- PBS Parents: Our Family Recipe (printable)

Daniel's Tiger Twirl/You Can Play Your Own Way

Strategy: You can do things your own way.

- PBS Parents: My Turn! A Simple Game About Taking Turns
- PBS Parents: <u>How to Support Your Outgoing Child</u> (article)

Calm at the Restaurant/Calm in Class

Strategy: Give a squeeze, nice and slow, take a deep breath... let it go.

- PBS Parents: How Mindfulness Can Help Kids (and Parents!) Weather Emotional Storms
- Preschool Inspirations: <u>Calming Glitter Jars for Mindfulness and Relaxation</u> (craft)

Mad at the Crayon Factory/Mad at School

Strategy: When you feel so mad that you want to roar, take a deep breath, and count to four.

- PBS Parents: Bake Out the Mad Cookies
- PBS Parents: When You Feel So Mad, That You Want to Roar

Safety Patrol/Safety at the Beach

Strategy: Stop and listen to stay safe.

- Scholastic: <u>Activities that Teach Safety</u>
- PBS Learning: <u>Health and Safety Checklist</u> (printable)

Miss Elaina Gets Hurt/Daniel Feels Better

Strategy: When you get hurt, find a grown-up to help you feel better.

- PBS Parents: How to Raise an Emotionally Resilient Child
- Sesame Street in Communities: Coping with Sickness Workshop
- PBS Learning: <u>Meet the Helpers Doctors</u>

Calm at the Clock Factory/Calm at Storytime

Strategy: Give a squeeze nice and slow. Take a deep breath, and let it go.

- NCPMI: <u>Help Us Calm Down</u> (printable poster)
- Sesame Street in Communities: <u>Feelings Tic Tac Toe</u> (printable)



Neighbor Day

Strategy: This is my happy song, and I could sing it all day long.

- PBS Parents: <u>Neighbor Day</u> (interactive)
- PBS Parents: <u>Daniel Tiger Finger Puppet</u> (craft)

