



Overview of the Substance Misuse Prevention Oversight and Advisory Committee and Prevention in Vermont

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The Substance Misuse Prevention Oversight and Advisory Council was enacted through Act 82 in June 2019.

- This council replaces the Opioid Coordination Council, Vermont Alcohol and Drug Advisory Council, and the Vermont Tobacco Evaluation and Review Board to move toward a consolidated approach to substance use prevention.
- The SMPC is charged with providing advice to the Governor and General Assembly for improving prevention policies and programming throughout the State and to ensure that population prevention measures are at the forefront of all policy determinations.
- There are 24 current SMPC members representing various sectors who impact the work of prevention in Vermont. For a full list visit www.healthvermont.gov/smpc

The goals of the SMPC are:

1. Increase protective factors and build resilience and feelings of connectedness in Vermont communities, across all ages, cultures, and socioeconomic conditions
2. Decrease risk factors for substance use in Vermont for individuals of all ages, cultures, and socioeconomic conditions
3. Increase efficiency and collaboration on prevention efforts across all state, public, and private entities, through a consolidated and holistic approach to prevention that is sustainable, scalable, and equitable

SMPC Recommendations from bill S. 335:

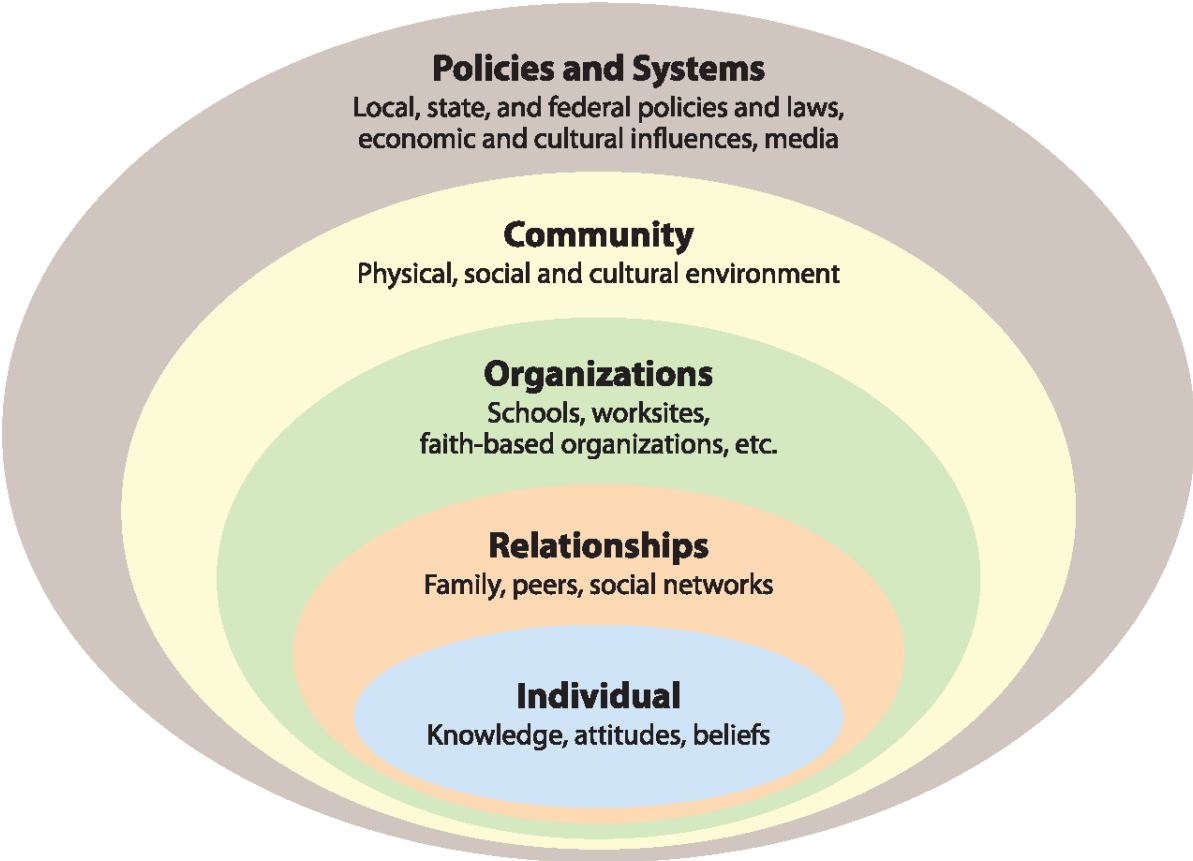
1. “...map existing afterschool programs, and highlight gaps in access and equity, including equity for Vermonters with disabilities,” (as proposed in Vermont bill S. 335) and work with the Substance Misuse Prevention Oversight and Advisory Council (SMPC) to cross analyze the Inventory of Substance Misuse Prevention services as required by Vermont Act 82 to further identify gaps in services and identify potential partnerships for afterschool expansion.
2. Examine funding and administrative cost sharing structures with substance misuse prevention coalitions and organizations to maximize the potential for both afterschool activities and prevention programming throughout the state without redirecting or diminishing the current funding structure for substance misuse prevention in Vermont.

SMPC Recommendations from bill S. 335:

3. Identify a way to support communities in a planning process to ensure the implementation of universal afterschool access meets communities' needs and interests to ensure engagement in the resources provided.
4. Require ongoing program evaluation activities into all programming recommendations to ensure effectiveness and to drive quality improvement.
5. Implement a professional development requirement of afterschool staff which includes training on substance use prevention and building resiliency among Vermont youth.

The Strategic Prevention Framework (SPF) and Vermont Prevention Model

The Vermont Prevention Model

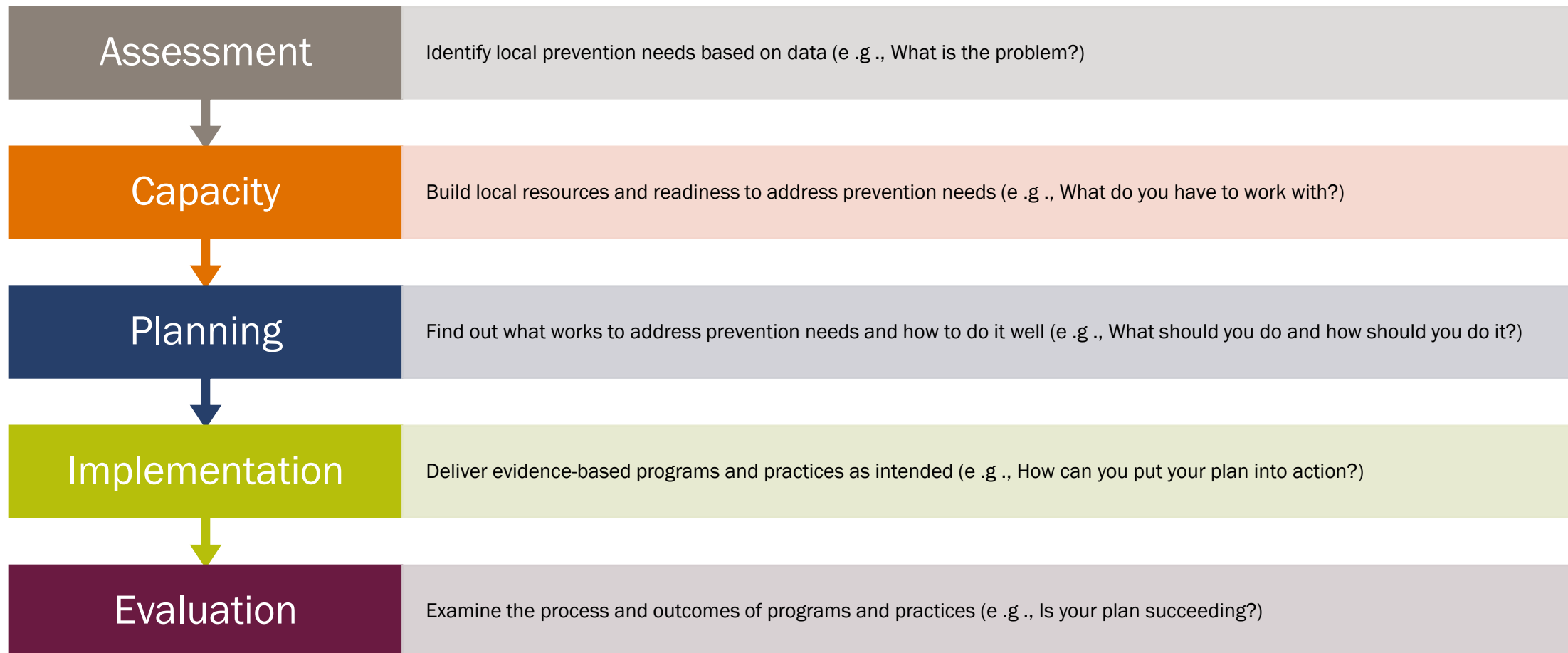


The Strategic Prevention Framework (SPF) is used to develop prevention programming in Vermont.



There are five steps involved in the SPF Model, as described by SAMHSA:

<https://www.samhsa.gov/sites/default/files/20190620-samhsa-strategic-prevention-framework-guide.pdf>



The Collaborative's Experience



Supporting Substance Free Youth
www.thecollaborative.us 802-824-4200

Our vision is a healthy, safe, supportive community.

Mission

The Collaborative promotes the development of a healthy involved community supporting substance free youth in a caring environment.



- The Collaborative supports substance free youth through **programming**, **education** and **policy** adoption



- **Programs** for youth include:
 - *Extended Day Program (EDP), Summer Camps, Vacation Camps, Mentoring, Middle School Leadership, HS empowerment groups, Resiliency building programs, Healthy Alternative's, Substance Misuse Prevention Education, Dialogue Nights, Community Town Halls, Restorative Practices, Youth Appreciation Days*





Youth substance use prevention takes community involvement and strong partnerships.

The Collaborative is proud of our strong partnerships with:

- **Youth** - youth focused programs and healthy alternative options
- **Parents** – education and support
- **Businesses** – strong fiscal and programmatic sponsors
- **Media** – longstanding collaborative coverage
- **Schools** – housed in one school, nine schools participate in programming
- **Law Enforcement** – Traditional and Restorative Justice collaborations
- **Health Care Professionals** – advisors for material development and communications



The Collaborative Extended Day Program



A **5 STARS Vermont** licensed after school program, which ensures that we have high standards for safety, staff training and curriculum. Our program provides safe and reliable care in a fun and enriching environment that emphasizes

- Social and Emotional Growth
- Relationship Building
- Recreational Opportunities
- Academic Support



Third space as a verb, it's an attitude not a location

- Space is shared with our school but, it has a different look, feel and opportunities
- Transition into afterschool builds peer relationships bridges
- Transitioning into a new “space” helps to manage stress of the day
- Code switching into a new “space” builds resiliency skills
- Exploration of individuality is encouraged
- Intergenerational relationships are built



Prevention works in afterschool environments

- Increased Developmental Assets
- Families that feel disenfranchised from schools find a place with us
- Helps to connect school and family.
- Value of using a prevention - easily connect families to substance misuse prevention
- Become a trusted resource as families grow



Questions?



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Thank you!

Let's stay in touch.

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