

Microsoft Teams Virtual Meeting

Call In: 1-802-552-8456

Conference ID: #180 904 890#

One National Life Drive, Room 514, Montpelier, VT 05620

APPROVED MEETING MINUTES

Present: Heather Bouchey, Vermont Agency of Education; Tara Cariano, Harwood Unified Union School District; Lissa Knauss, Montpelier Roxbury School District; Sandra Cameron, Vermont School Boards Association; Stephanie Currier, North Country Union High School

AOE: Jess DeCarolis, Suzanne Sprague

Members of the public: None

- A. Introductions; present: Tara (chair), Lissa (co-chair); Heather Bouchey, Sandra Cameron, Stephanie Currier
- B. Amendments to agenda? No
- C. Review and accept minutes from last meeting
 - a. Motion to accept – Heather
 - b. 2nd – Lissa
 - c. Any discussion? Heather will double check on who can vote. Sandra re VSBA, can vote?
 - d. Vote on motion to approve minutes – Lissa
 - e. Vote: abstention 1 – Cameron, 4 ayes; minutes approved.
- D. Public Comment:
 - a. Jess DeCarolis introduced herself.
- E. Identifying tasks and reviewing importance
 - a. Act 66 – related to work we’re doing. Discussion: Q from Sandra. Definition of “schools” is inconsistent. Heather: we could put call for consistency into the recommendations we develop;
 - b. Lissa: 166, nutrition.
 - c. Jess – Act 166 does modify some components, but not all. Nutrition remains, physical fitness as well. (comprehensive health education)
 - d. Tara – whole school, whole community model relevant here as well.
- F. Discussing current wellness policy
 - a. VT School.... (Heather: note to weave into the whole)
 - b. Current policy – focuses on nutrition and physical fitness.

- c. Current policy is required for federal reqs.
- d. Use Rosie's draft, build out from that.
- e. Q from Lissa re adding a Health Teacher on the Council. Heather and Jess will speak with Secretary French about adding a member to the group
- f. Discussion and review of comprehensive health education
 - i. Integrating "comprehensive health" with current "wellness" policy (fed req.)
 - ii. Jess sharing addition; e.g., VSBA currently working on
 - iii. Heather: go back into chat and add links into notes/minutes
 - 1. [16 V.S.A. § 131](#) (Definition CHE)
 - 2. [National Health Education Standards](#) and [Comprehensive Sexual Health Standards](#)
 - 3. <https://www.cdc.gov/healthyschools/wsc/index.htm>
 - 4. <https://legislature.vermont.gov/statutes/section/16/001/00136>
 - 5. <https://legislature.vermont.gov/assets/Legislative-Reports/edu-vdh-legislative-report-act157-comprehensive-health-education.pdf>
 - 6. https://www.healthvermont.gov/sites/default/files/documents/pdf/CYF_EssentialTopicsinSexualHealthEducation.pdf
 - 7. <https://education.vermont.gov/student-learning/content-areas/health-education>
 - 8. <https://education.vermont.gov/student-support/healthy-and-safe-schools/sexual-health>

G. Discussion of work, timeline, structure

- a. Breaking work down on category
- b. Do it through whole school, whole child model (CDC)
- c. P. 20-21, doc from Jess – review that work. TA from Jess's group.
- d. So: Section 131, 136 (state) and align with WCWC
- e. Go to what model policy already says and check off what we think is done already and what still needs work.
- f. Section 131 (comp health education), 136 (wellness program); need that.
- g. Stakeholders will be key.
- h. Discussion of setting standing meeting time for the group-AOE to send a Doodle Poll with suggested dates and time.

H. Next steps

- a. Jess/AOE table created; review the table and understand
- b. Jan. 15 2022 – deadline for model policy for schools/districts by this date (GA).
- c. Lissa reviewed next steps:
 - i. What we will look at and review for next meeting:
 - 1. School wellness policy
 - 2. Title 16, subsection 136

3. Title 16, subsection 131
 4. Act definition of comprehensive health education
 5. WSWC framework.
 6. Jess will have the table to us
 7. New links in the chat.
- d. Call for motion to adjourn
- i. Motion – Sandra
 - ii. 2nd – Lissa.
 - iii. Motion passed unanimously.